



SITZMARKER

Spring 2016

St. Louis Ski Club Board of Directors 2016-2017

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St. Louis Ski Club

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Annual Meeting Results

The Ski Club's Annual Meeting was held on April 14th at **Ruby Tuesday** in Sunset Hills. At that meeting new board members were elected for the 2016-2017 operating year: Joe Bauer – President, Bev Doolin – Vice President, Candy Girth – Trip Director, and Tom Coscia – Communications Director. All of these board members look forward to working with you throughout this coming year! We look forward to hearing from all of our new board members in the future as they plan trips and activities for our club.

The club also wants to express its thanks to those who won't be returning to the board this year: Carole Stevenson and Paul Snyder.

The evening was also a great time for members to enjoy some social time together, as well as good food and beverages. Many members also renewed their club membership for the next season, too, so don't forget to renew yours if you haven't already done so!

A New Happy Hour Experience!

Our March happy hour was held at a new location for many of our members, the Ferguson Brewing Company. (*Vice President Joe Bauer had been wanting to do this for over a year.*) Not sure how many members would want to venture up to Ferguson, we were pleasantly surprised to have one of our *best* turnouts in recent months. Everyone who showed up agreed that it was a great experience: Good food, good beers, and a great time. And we could tell from the crowds waiting to get a table that we'd made a good decision! So we plan to keep it in our "rotation" for future months.



**ST. LOUIS SKI CLUB
2014-2015 INCOME AND EXPENSE REPORT**

INCOME	2014-2015
Holiday Party	225.00
Activities/Sports Income	375.00
Advertising Income	0.00
Membership Income	2,505.00
Membership Income/Senior	280.00
Membership Income/Couples	615.00
Guest Fee Income	90.00
Interest Income	19.77
Miscellaneous Income	4.00
Promotional Item Income	0.00
Unused Trip Credits	30.00
Trip Administration Fee Income	2,460.00
CD Interest	0.00
Income Total:	6,603.77
EXPENSES	2014-2015
Sitzmarker Printing	437.17
Sitzmarker Postage	106.40
Directory Printing/Postage	0.00
Printing/Forms/Copying	0.00
Postage	60.90
Office Supplies	190.71
Insurance	406.00
Dog 'n Suds	396.86
Activities/Sports Expenses	372.46
Board Member Credits	3,200.00
Holiday Party	420.31
Honoraria	60.00
Record Center	3,083.50
Miscellaneous	282.00
Trip Administration	0.00
Post Office Box	80.00
Bank Service Charges	0.00
Returned Checks	0.00
Promotional Items	0.00
Illinois Ski Kouncil	0.00
Chicago Ski Council	40.00
Tax Preparation	106.70
General Membership Meetings	450.00
Advertising/Marketing	0.00
Internet	204.00
Business Incorporation Fee	0.00
Expense Total:	9,897.01

Financial Report Summary

The St. Louis Ski Club report of Income and Expenses is for the period May 1, 2014 to April 30, 2015. Income for this fiscal year was \$6,603.77 and Expenses were \$9,897.01. There was a Trip Profit of \$1,530.36. The total net loss for the year was \$1,762.88.

Income was up \$6.55 from the prior year, and expenses were down \$2,000.00 but, even so, with some trips that didn't fill and others that had unexpected expenses, our trip profits were down by \$5,281.43 this year.

The expense of printing and mailing the Sitzmarker significantly reduced our expenses from the past fiscal year. Eliminating the position of Past President also was a major savings in trip credits.

The Board of Directors continues to try to be fiscally responsible to the membership. Moving our meetings to Ruby Tuesday's, and seeking alternate locations for the chili cook off as well as the change in the structure of the holiday party will continue to reduce our expenses as we move forward.

Limiting the number of ski trip and offering trips that we hope will fill will also help balance our year end bottom line as we move forward.



**2014-2015 INCOME AND EXPENSE
REPORT – Summary**

Expense Totals:	\$9,897.01
Operating Profit (Loss):	(\$3,293.24)
Trip Profit (Loss):	\$1,530.36
Year Net Profit (Loss):	(\$1,762.88)

Member Spotlight: Denise Buehrer

It may sometimes take some incredible endurance to complete a challenging ski run but it's not likely that many of us would compare that with the stamina it takes to run a marathon. In fact most of us will never be in a position to make such a comparison. But one member of our ski club, Denise Buehrer, can claim this distinction.

Denise works by day as a project architect at Christner Inc. but has a variety of other interests to occupy her spare time. She has been a member of the ski club since 1997 and also engages in running and bicycling to keep physically active. She has also dabbled in photography. Since 2009 she has participated as a member of Team Christner in Bike MS, annual fundraiser for the National MS Society.

In November of 2015, Denise traveled to Tulsa, Oklahoma to compete in the Williams Route 66 Marathon. She understandably wanted to run her first marathon in relatively cool weather and this gave her the chance to run part of the marathon with her sister, who had run multiple marathons, including the Boston Marathon. Denise managed to keep up her pace for about 18 miles but then started to slow a little bit and started walking at mile 24. She did finish, though, and even received a special coin for taking a detour that added 0.3 miles to the course and received a special coin for the "World's Shortest Ultra" (an Ultra being any race over the marathon distance of 26.2 miles). Most of us can only imagine the thrill Denise must have felt when she crossed the finish line and heard a Runner's World magazine columnist announce "first time marathoner coming through".

As we are finding with many ski club members, Denise has many interests beyond her day job and beyond the ski slopes. We will be watching with interest to see if her first marathon leads to others down the road.



SLSC Members Compete In NASTAR Nationals!

Skiing for the Hidden Valley Ski Team, members John Heiman (*far left*) and Nicole Russom (*right*) both were medalists as they completed at the 2016 Nationals in Steamboat, CO in March. Both won gold medals in their divisions (*John for the 3rd time in 3 years*). This allowed both to advance to the NASTAR Race of Champions where Nicole ended up 46th out of 51 races.

Congratulations to both John and Nicole. We hope to see you in Steamboat in 2017 for the FSA races!

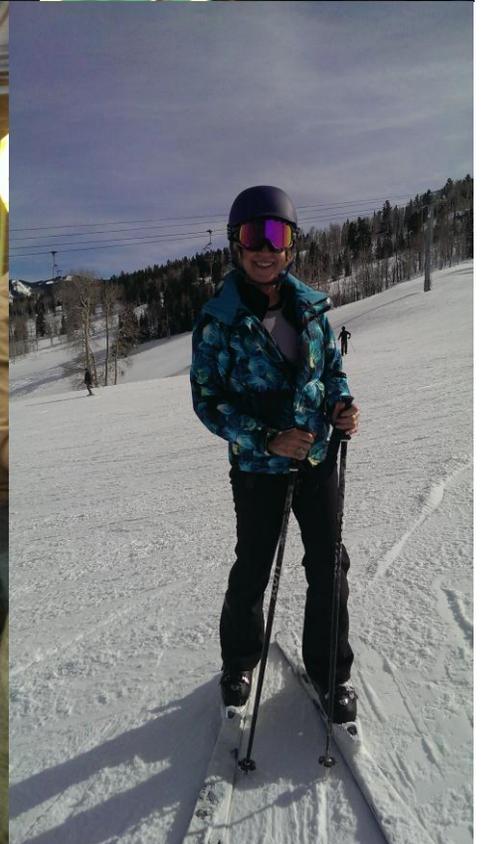
Aspen, Colorado - The Power of Four

February 13th - 20th

There's no doubt about it, when you think of Aspen, you think luxury! However those who went on the Aspen Trip in February found it well worth the cost. With four mountains to choose from, and plenty of nightlife, dining, and shopping, everyone could find things to suit their needs. The vibrant Aspen Snowmass community was founded on a principle called the "Aspen Idea" which is a balancing of the mind, body and spirit. This kind of foresight in planning made it a unique, unexpected and dynamic experience for those of us skiers who were experiencing Aspen for the first time and still remarkable for those familiar with the area. As for the snow and weather during our trip it was truly amazing with fresh powder 3 nights, temperatures in the 40's, and bright blue skies except for one day. Think about the Snowmass Mountain with 94 trails all open and with its astonishing 4,400 vertical on a clear warm sunny day! S.A., the trip captain, went to the top and just about lost her breath in the splendor of the surroundings! The shuttle bus system worked well, taking people quickly and efficiently to all the mountains (Aspen, Aspen Highlands, Buttermilk and Snowmass). The accommodations at the Gant were very good, too. *(Some members did have to watch out for the "split level" floors that could trip them up if they weren't watching.)* The Ski party at Rhino's turned out well with great Hors d' Oeuvres, Pizza and lots of games including pinball, motor cross racing and fuzz ball! When not together as a group, member had the opportunity to try out next experiences on their own, too. Joan Hummel took advantage of the great fishing and caught her first Brown Trout. She also said she tried chicken 'n waffles for the first, time too! Of course, no matter what else went on, the skiing was great, and that's the main reason for a ski trip, right?



Aspen, Colorado - Continued...



Aspen, Colorado - Continued ...



Red Mountain – The Last Great and Unspoiled Resort

Thirty-six out of 39 adventurous skiers departed St. Louis on Sunday, March 6th for Red Mountain Ski Resort in Rossland, BC, traveling by plane and bus through 2 time zones to reach our destination. Former ski club member Andrea (Gardner) Lubershine departed from Chicago and met us in Salt Lake City. Vince and Del Briscuso flew in from Winnipeg and met up with us late afternoon following a few travel delays.

Red Mountain Ski Resort, a short two miles from Rossland, is not a glamorous or ritzy resort like Aspen or Vail. Rossland is an old mining town with a mountain and is located in the Monahsee Mountains on the famous powder highway in British Columbia. With several storm systems coming through during the week, one could say it was more of a heavy wet snow than fresh powder. However, no complaints were heard.

Our group stayed at the Slalom Creek Condos which were described as ski-in/out, but due to new construction, were not. A short walk was necessary to reach the base, but as they say exercise is good for you. Somehow, Wayne Baker talked the resort management girls to drive him over to the base area every day. Wonder how Wayne accomplished such a feat?

On Monday, the group was given a "Welcome Breakfast" from the Resort Management staff. Afterwards, most of the group hit the slopes for their first day of skiing. However, Ken Harris who at first decided not to ski, ended up doing so which resulted in a tumble and ending his week of skiing. Wonder if he was looking at a cute snow bunny instead of paying attention to his skiing. Shortly thereafter, Vince took a tumble too, and decided to hang up his skis for the rest of the week. Both Ken and Vince were real troopers and are doing okay at this time. Luckily, no other injuries were reported other than a few bruises.

Red Mountain – Continued

On Wednesday, twenty brave souls gathered at the local Curling Club for curling lessons. Once instructions were given, fun and laughter ensued. Those who braved the rather chilly ice lanes were: Frank, Norman, Christine, Carlene, Lou, Skeeter, Candy, Cindy, Nancy, Jan, Tracy, Paul, Steve, Marty, Pat, Andrea, Pam, Sue, Gail and Tom C. Del, who by the way was on a Canadian curling team, provided some tips on mastering the art of Curling. (*And yes, it is true that Curling is a drinking game, too!*)

The group traveled to Whitewater Ski Resort near Nelson, BC on Thursday. Even though the weather was cloudy with snow showers, the drive following the Kooteney River was beautiful. Unfortunately, once we arrived and met up with the Mountain Hosts, they related that the skiing conditions were deep wet snow, and to ski at our own risk. Most of the group took one run, while some of the die-hard skiers took to the mountain skiing most of the day. Two of these die-hards, Andrea and Christine had quite an adventure. Their plan was to take the Summit Lift which serviced expert runs to ski down Mother Lode. Once they disembarked off the lift, they proceeded as best they could along a narrow ridge with challenging winds. Finally, realizing they missed Mother Lode, asked several “young male” skiers exactly where this run was. It turned out it was an unmarked run not far from the lift. Andrea was noted to say that the amount of time she and Christine wasted on their “stroll” they could have skied Mother Lode three times.

Whitewater resort, owned by the town of Nelson, is a throwback to the 1980's. Nothing ritzy just like Rossland, you are there to ski. Afterwards, the group stopped briefly in Nelson to explore the quaint town situated on the Kooteney River. Some members walked the streets while some wandered into the restored bar at the historical Hume Hotel for a little refreshment.

The club party was held Friday night at the resorts Rafter's Lounge. No complaints were heard since there was plenty of pizza and salad to go around, plus one free drink for each member. Even the several dogs running around Rafter's enjoyed the party, what with all the crumbs on the floor.

On Saturday, Norman accidentally took the Red chair lift and found himself on a rather difficult run than what he anticipated. Luckily, a “cute” female ski patroller came by, assessed the situation and with back up transported Norman down by sled to the base area.

“Red Mountain Tidbits of the Week”

- No one was turned away at the border going or coming back.
- Salute to Alex, Joe and Paul for taking good care of Ken all week following his fall/injury.
- Shout out to our other injured skier Vince for fixing breakfast for Ken.
- Congrats to Joe for making it thru the ski season without any broken bones.
- Did Wayne really hitch a ride on a ski patroller's snowmobile from the Paradise Lift area?
- If anyone would like instruction on how to pack a ski bag contact Annie. She's a pro at it.
- Gail, Marty and Pat enjoyed their time snowshoeing.
- Wonder how much weight Frank, Steve and John S. gained after all those gourmet meals prepared by their roommate John R?
- Did Vertical ever pose for a picture for his good buddy Wayne?

For those members not listed above, who also enjoyed the trip and skiing at Red Mountain were: Dan, Doug, Bob, Chris, Vic, Tom S., Ken K., and John W.

Red did live up to its reputation as the “last great and unspoiled resort”. Most of the members on the trip indicated they would like to ski Red Mountain again. As for the future of Red Mountain, a real estate developer bought the resort and as one local said, “it will never be the same”.

Kudos and thank you to our Trip Captain Candy Girth for running the Red Mountain ski trip. Leading a large group is not an easy task but Candy did an excellent job.

Red Mountain Images





