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Ski Club  
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2019-20**

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**Sitzmarker  
Winter 2020**

**President's Message**

At long last, winter has finally arrived. Although the calendar has been telling me it is winter, the weatherman has not -- at least as of this writing. Our local Hidden Valley Ski Resort had to close for approximately 4 weeks due to the unseasonably warm weather -- quite unusual for January!

Fortunately, the club ski trip to Steamboat Springs CO trip in January did not have a lack of snowflakes. That is what I love about Steamboat. In all my trips there, we've always had tremendous ski conditions. Sometimes too much snow. (Is that even a thing?!) This was our annual Flatland Ski Association (FSA) trip in which 9 Midwest cities compete in various competitions. Due to the great price we were able to get and the fact that it offered



the most ski days, this trip proved to be the most popular by far of our three offered this year. On top of this, the lift tickets for the FSA trip are always at a deep discount, due to the large number of attendees. See the recap of our Steamboat trip on page 4.

Our trip to Telluride in February was another awesome trip. In our trip destination survey last year, skiers picked Telluride as the favorite destination and the

trip committee gladly obliged. This trip offered lodging at The Peaks Resort, where service in the past (imo) has been second-to-none! See page 7 for a summary of this trip.

That being said, the best of both these worlds will be combined next year as Telluride is the destination for the FSA trip in 2021. That should be an absolutely awesome trip! Once applications are available, sign up early or you might lose out.

Winding up this ski season will be the trip to Park City in March. What do I remember about Park City? Well, besides the great skiing at both Park City Resort and nearby Deer Valley, I recall some great bustling après ski, some wonderful restaurants, and the thrill of bobsledding with an Olympic silver medalist at Utah Olympic

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**Steamboat/FSA Trip  
More Trip Photos Inside**

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Park, host of the 2002 Olympic Winter Games. I had a blast, and I'm sure our members headed there soon will too.

Our member spotlight this issue is on Jim and Alma Delmonte. It's so nice to have them back in the club after a long absence. I don't know if they follow fun, or if fun follows them. It's always a pleasure to see them at our many events. Check out page 9 of this issue for their profile.

I'd like to remind everyone about our Refer-A-Friend program. If you bring a new member (i.e. someone who has never been a member in the past) into the club that signs up for a ski trip, you will receive \$25.00 credit toward your membership dues or your next club ski trip.

Please remember that new members are vital to helping our club succeed. With the dwindling of number of members over the years, the future of the club could be in question.

Speaking of the club's future, our annual meeting with board member election will be coming up in April. Are there changes that you would like to see in our club? Please see the message below about the importance of using this annual meeting as a way to breathe new life into our club and leadership,

If you can't commit to any official leadership positions, don't forget that you are encouraged to sponsor a club activity at any time. You do not have to be a board member to do so. We welcome even last minute events. Just contact

any board member with your idea. We can get the information out there for you. Our club is always on the lookout for something new and entertaining. Hope to see you at some of our many fun events throughout the year.

Here's to a great finish of our 2020 ski season!

**Reminder**

**Club memberships expire on  
April 30th 2020**

**Current members save \$5 by  
renewing by May 15th**

**Membership applications  
available on our website at  
<https://www.stlouisskiclub.com/>**

## An Important Message About Our Club's Future



As noted elsewhere in this issue of the Sitzmarker, we will be holding elections for club officers at our Annual Meeting in April. This should be a time for our members with new ideas and energy to step forward and offer to lead the club in new and exciting directions. Unfortunately, it too often becomes an event with few participants, where those casting ballots are willing to accept the status quo in leadership rather than providing new energy to the club.

We are asking all our members to help change this tradition. Please make this the year when you decide to step up and be a candidate for one of our board positions. Over the last several years, it has been a relatively small group of people who have served on the club board, performed FSA duties, and led ski trips. Some other club members have been active in these roles in the past and have decided to take a break from them, which is understandable. But there are many others whose talents and enthusiasm could be put to good use for our club.

The current board members have been happy to serve the club in their roles and are willing to continue doing so. Yet none will be offended if someone with new ideas and new energy puts their name in contention for these positions. We have detailed the duties of each board member on the next page and you may see that you have more of the skills necessary for a role than you realized. **Please especially consider the Vice President's position.**

***Lou Boyer has enjoyed filling that role in the past year but would be interested in turning it over to someone new.***

If you cannot serve on the board, volunteer to lead a ski trip. This is not as difficult as you might think, and you would not be doing it all alone. The trip director and the other board members are there to help you in the preparations and other club members are often willing to pitch in.

There is compensation for much of this work. Board members receive 800 trip credits for serving a full year and trip captains receive credits based on a formula that includes the number of ski days and the number of participants on a trip. Beyond this, though, you have the chance to shape the club for the future and help ensure it can continue.

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At the very least, even if you cannot contribute to our leadership, please pay your membership fee in a timely manner, even if you do not plan on any trips in the coming ski season. Club membership fees may seem like small amounts but taken together they form a significant part of our operating funds. And, as noted in our president’s message, please encourage others to join our club and participate in trips. Beyond the immediate benefits of the Refer-A-Friend program, this is another important element of helping our club flourish.

Please do not underestimate the important crossroad at which our club now stands, a situation best illustrated with a brief history lesson.

The St. Louis Ski Club began in 1958 with about 32 people who wanted to

combine their love of skiing with a desire for camaraderie and fellowship. Apparently, they were successful because by the 1970s the club numbered more than 1000 people and was offering almost one ski trip a week between December and March each year, and had no trouble filling them. By the 1980s, the club had also taken to promoting other activities such as hiking, biking, ice skating and golf among many others.

Now having passed our 60<sup>th</sup> anniversary, our membership has dropped to barely 100 and we often struggle to fill three ski trips a year. We know this is a nationwide trend with younger generations foregoing group activities such as ours. But if our ski club is to survive, we need to buck this trend and bring more people into our club while encouraging current members to stay active. This should include skiers of

course but also those interested in other athletic activities and social events. New members can bring new blood and ideas for activities that the club may never have thought of before.

The St. Louis Ski Club is financially solvent and we are certainly not disappearing any time soon. And those who serve on the board and in other leadership roles have no intention of abandoning their duties. But 10 years from now, this situation could be quite different. Paying dues promptly and taking on leadership roles are two important ways to ensure that our club will continue to prosper financially and creatively. Encouraging and recruiting new membership is another. If you want to be part of an active ski club in the coming years or if you just want to ensure that the club is there for future generations, please share your time, talent, and treasure with us now.

## Board Position Descriptions

**President:**

Presides over all meetings of the board of directors and the general membership. The board meets monthly

**Vice-President:**

- In the absence of or at the request of the President, preside at all meetings and perform the duties of the President.
- Supervise the publicity and promotion of the St. Louis Ski Club through printed club material and the news media.
- Prepare and arrange the general membership schedule and meeting places

**Communications Director**

- Draft and edit the St. Louis Ski Club newsletter, Sitzmarker.
- Arrange for timely delivery of the Sitzmarker to the membership 4 times a year.
- Monitor and update the St. Louis Ski Club website
- Record minutes for board meetings

**Trip Director:**

- Produce the trip schedule, secure trip contracts and execute the scheduled ski trips for the St. Louis Ski Club.
- Create and update the trip grid and payment schedule posted in the Sitzmarker.
- Recruit and supervise the trip captains.
- Maintain and update the trip captain manual.
- Submit Sitzmarker articles to update membership on status of ski trips.

## Annual Meeting and Elections

**Where:**

Des Peres Schnucks  
12332 Manchester Road  
St Louis, MO 63131

Meet in the upstairs area

**When:**

Monday, April 13th  
Social Hour and Voting at 6 PM  
Election Results and Meeting at 7 PM

Contact Pat Pender at [financial@stlouisskiclub.com](mailto:financial@stlouisskiclub.com) if you are interested in being placed on the ballot for any of these positions

# FSA/Steamboat



Wow! What a fantastic trip the St. Louis Ski Club had to Steamboat Springs, CO in January to participate in the Flatland Ski Association (FSA) races.

On Sunday, January 19, a group of 25 ski club members made their way to Steamboat ... some by air and some by land ... gathering for a week of fun.

The group was led by Trip Captain Paul Snyder, and included Ron Acker, Frank Atkinson, Joe Bauer (our FSA Club Race Director), Doug Bender, Kathleen Blosser, Faye Doerhoff, Dan Edwards, Candy Girth (FSA Secretary), Cindy Girth (the St. Louis FSA Club Representative), Karen Goessling, David Hawley, Haskins Hobson, Carol Jacoby, Ken Kinsinger, Annie Merriott, Dan Rath, Mary Robert, Miranda Robert, Bob Schnieders, Chris Schnieders, Joan Scholz, Linda Strunk, and Mary Sullivan. For some it was their first trip with the club, and for several it was their first trip to an FSA event.

The week was packed with good skiing and lots of activities. The club stayed at The Phoenix condos near the mountain base so it was just a quick walk to get on the snow or find a fun place for some food or beverages. (Some of the rooms had some interesting configurations ... but when doesn't that happen when you put a large group in condos?!?) Sunday evening was spent getting settled, getting skis rented for a number of people (and taking ad-

vantage of a great 40% rental discount offered to FSA attendees), and getting food.

For most people, it was time to hit the slopes first thing on Monday, although a few chose to use that day to get used to the altitude and check out things around the Steamboat area. It was a clear, beautiful day with plenty of great snow to try! Monday evening was our club party in one of the gathering rooms at The Phoenix, with great pizza and salad from one of the best local pizza places, Blue Sage. It was also a chance for people who didn't know each other very well to get better acquainted.

Throughout the rest of the week we had snow most evenings (and some during the day), so a lot of people were out skiing every day, although we did have a little "visibility problem" a few days ... but that didn't stop some. Others spent time in town checking out the galleries and restaurants, visiting the hot springs, riding the mountain coaster, or enjoying extended après ski time or just relaxing and playing board games in their condos. Of course, the hot tubs were THE place to gather each afternoon after being out on the slopes!

Another big part of the trip, of course, was getting together with all of the other clubs that make up the FSA. This included Columbia, Kansas City, Omaha, Lincoln (Cornhuskers), Wichita, Topeka, Oklahoma City, and Tulsa. Many people in our club aren't aware of just all of the "perks" we get by being part of the FSA and attending the annual ski and race event: Things like discounts on lodging, food, ski rental, and lift tickets that are about 1/3 of the "window" price. Plus just the fun of getting together with old and new friends each year from around the Midwest! (And each club, like St. Louis, has a dedicated core of volunteers who work hard each year to make sure that everything goes smoothly. Many give up a lot of "ski hours" to keep things running!)

Activities and events offered through the FSA included an optional race clinic, après ski almost every night, a team snowshoe race, a welcome party at the top of the gondola with baked potatoes and chili and a DJ, numerous races for various levels of skiers and snowboarders, a "fun race" between the race directors, and an awards banquet with a western barbeque and a DJ for those who enjoy dancing. They also raise funds for a local charity, the Steamboat Adaptive Recreational Sports (STARS) group. The FSA actually was "born" in 1965 and over the years clubs have come and gone ... it's had anywhere from 4 to 12 member clubs at a time. It started as a "challenge" between a couple of clubs to see who had better racers, and racing is still a major part of the week, of course, and some clubs are REALLY into the competition! Others ... well we enjoy it for the fun ... whether we race well or not! Our own club was in the FSA very early on, then dropped out for a number of years, and re-joined in 2005 after some work by our club members Bill Hayes and Candy Girth.

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This year we had one 4-person team participate in the “Snowshoe Relay” between clubs. (Clubs are allowed two teams if they wish.) Annie, Carol, Dan R., and Karen did their part for St. Louis! Many of the rest of us enjoyed it even more as spectators. If you’ve never tried it you really have NO idea what it’s like to run wearing snowshoes! Especially uphill. And at high altitude.

St. Louis also had six people participate in the FSA’s “Novice Race” which is a race open to both skiers or snowboarders who are new to racing, or running race gates, or haven’t won an FSA or Nastar medal within the current ski season. Participants aren’t timed ... but each one gets a certificate for “braggin’ rights” to show they’ve done a ski race! This year that included Karen, David, Mary, Cindy, Candy, and Joan. (And our club gets “points” for everyone who participates ... so great job all!)

There are also more competitive races for both men and women. These challenge races are handicapped, and the more challenging races are also broken down by age divisions. (The FSA has racer from teenagers up to people in their 90s!) This year also offered some “alternate” challenge races for guys who might prefer a little less intense start, to women wanting to run the more challenging course normally run by the men. Racing in the “Men’s Challenge” race were Frank, Ron, Dan R., and Doug. Joe and Paul both competed in the alternate men’s race. Frank also competed in the men’s “Snowboard Challenge” and was the only snowboarder who competed for St. Louis. Joe, as our club’s race director, got an addi-

tional opportunity to compete in one of the most fun events of the week ... the Race Directors’ Fun Race. Each year the mountain thinks up something fun for the race directors to do, as it included both men and women of all ages. Of course, the spectators have even more fun than the race directors watching them ride a “bouncing pony”, then putting on a scarf, chaps, and cowboy hat and racing back to the finish. (If you’ve “friended” the St. Louis Ski Club on Facebook you can catch Joe’s run!)



The Saturday evening Western Barbeque was also the awards night, where the FSA gave out medals to the individual winners, and trophies to the top clubs who won the most overall points, along with other special awards and recognitions. Candy Girth was recognized by the FSA for her recent service as the secretary, as her term has come to an end. She has served the FSA on behalf of the St. Louis Ski Club for many years and with many different duties including club representative, club race chair, FSA Activities Director, and most recently FSA Secretary. We, as a club, also want to thank Cindy Girth who’s just completed her term as our club’s FSA representative, a position she’s held in the past, too. That’s a lot of volunteer hours that they’ve given! Paul Snyder will be representing St. Louis with the FSA for the next term. He’s served in this capacity in the past, as well as being race chair for two

years, and has also been the FSA Activities Director, Vice President, President, and Past-President. This year he’s also serving as the FSA Trip Coordinator for the Grand Canyon rafting trip the FSA organized.

Another very special award that was given to a St. Louis Ski Club member went to Joe Bauer, who’s been serving as the club’s race chair with the FSA since 2016. Joe was awarded the Judy Cup, which is an award given by the FSA Board to someone who they feel demonstrates the “spirit” of the FSA, encouraging others to participate, whether it’s in racing or just being a part of the whole FSA experience. The Judy Cup has been awarded every year since 1990. It’s named for former St. Louis club member, Judy Nania, who was a true “Flatlander.” She worked hard behind the scenes for the FSA and loved and promoted the races, so after her death from cancer in 1989 her husband, Vince, established this award in her honor. So congratulations, Joe! Well done! (If you want to learn more about this award, or the FSA, please visit their Website: <https://sites.google.com/site/flatlandskiassociation/home>. You can also link to it from the St. Louis Ski Club Website.

Next year’s FSA trip is to a favorite spot you won’t want to miss: Telluride! Details will be coming out later in the year, but you might want to hold January 30 – February 6, 2021 on your calendar!

Thanks to all who were a part of this fun trip. We can’t wait to see you on another one.



# Steamboat Photos



# Telluride



The second ski trip of the season got off to an early start on Saturday, February 8<sup>th</sup>, with a morning flight from St. Louis to Montrose, Colorado (via Chicago O'Hare) and then a shuttle to the picturesque Telluride resort. Led by trip captain Dan McGurk, this group consisted of Alex Andreev, Denise Buehrer, Jim and Alma Delmonte, Alan Fiddleman, Drew and Rose Garland, Donald Jones, Mary Jane Loeffler, Larry and Andy Michenheimer, Vic and Ali Pineda, and Arthur Zupka.

Although our tight connection in Chicago required a quick jog between terminals, our journey to Telluride went smoothly. We were met there by three new members from Illinois who had taken a land package: Alice Miller and John and Marilyn Litchfield. We all arrived at roughly the same time and had a smooth check-in to The Peaks Resort and Spa.

As anyone who has been on one of our trips to Telluride in the last several years knows, The Peaks represents the ultimate in amenities and pampering for skiers. The ski valet and rental shop in the basement allows for the truest ski-in/ski-out experience as it is possible to have. The Spa and Fitness Center in a connected building offers exercise and relaxation options without ever having to step outside. There were several in our group who were making their first trip to Telluride and were awed by the grand views of the mountain from The Peaks and the spectacular sunsets witnessed there.

We arrived early enough that many people had time to rent skis or grab a late lunch. That evening we met briefly in the game room to hear from a Telluride representative about the opportunities the resort had to offer. From there people broke up into groups for dinner, with some trying out another of the highly touted attractions at The Peaks, the Altezza Restaurant. Others ventured into the Mountain Village to sample some of the many restaurants there.

Sunday morning began with the opportunity to take advantage of the buffet breakfast included with our stay. This proved a great way to fuel up each morning for the ski day ahead and was also a good opportunity for conversation and socializing. During the first few days many people chose to take advantage of the mountain tours offered by the resort each morning. This was a good way to become acquainted with many of the intermediate runs across the mountain. The guides also offered some interesting background on Telluride's history as a mining town and even recommended some good restaurants and attractions in town. Others ventured out on their own in small groups to test their abilities on runs ranging from greens to black diamonds. Arthur Zupka, one of the most experienced skiers, proved to be a fine unofficial guide on many days and pushed many of us to try some challenging runs we might otherwise have avoided.

On Monday night, we gathered at La Pizzeria, a local pizza parlor and Italian restaurant, for our club party. This restaurant proved up to the task of providing us salads and a wide variety of pizzas, followed by a scoop of gelato for everyone. This was another great opportunity to for the club to mix and socialize.

On Wednesday evening, most of the group gathered for a dinner at The Village Table, a highly rated restaurant that effectively combined traditional Spanish meals with contemporary Colorado fare. This was one of many restaurants that various groups

sampled during our stay. Others included Esperanza's for Mexican food, the Smuggler Union for barbecue, and the Rustico for Italian fare.

The Friday morning of our departure came all too soon for most of us as the weather and ski conditions seemed poised to continue. If there was any consolation it was that we were leaving before the crowds began to amass for the Presidents' Day weekend that was beginning. The bus ride back to the Montrose Airport that morning got us there in plenty of time for our 1:15 flight. Despite another tight timetable at O'Hare, our flights went smoothly and we arrived back in St. Louis a little ahead of schedule that evening. As hard as it was to tear ourselves away the slopes of Telluride (and the amenities of The Peaks), we had a week of fine skiing and socializing to look back on fondly. And since the FSA trip is already set for Telluride in 2021, many will have the opportunity to return to make new memories with the club in less than a year.

Here's to another memorable 2020 trip for the St. Louis Ski Club.



# Telluride Photos



# Member Spotlight:

## Jim and Alma Delmonte



**Jim and Alma at Winter Park  
February 2019**

Long-time St. Louis skiers provide a perfect example of the way our ski club can bring people together as well of the way that time away from the club can ultimately strengthen bonds.

Like many in the club, Jim and Alma Delmonte took some winding paths on their way to becoming fixtures with us.

Jim is from the Buffalo, New York, area and ironically got into skiing by joining a skydiving club in college. In the 1980s, he began skiing with some of his friends from that club. In his words:

*I remember, my first ski lesson was getting off the chair lift, then getting down the hill in one piece.*

*Later on, I participated in some downhill racing and Paraski competitions. The Paraski combines ski racing and parachuting accuracy- two separate events. Helicopters were used for the events, with the parachute target located at the bottom of the ski slope. I won one Paraski competition. Luckily the weather was bad the day before, limiting the numbers of competitors!*

In his career as an engineer, Jim worked for various contractors that did tunneling nationwide. This work brought him to the St. Louis area in 1996 and joined the ski club then. He took a bus trip with the club in 1997 and then continued to go on one trip

every year, including the Alaska trip in 2004. He enjoyed the opportunity to see new locations and meet new people on the trips.

One of those people would be Alma, who had moved to St. Louis and joined the ski club in 1998. Alma also began skiing in the early 1980s but halfway around the world. She is from Bosnia and did her first skiing on Jahorina Mountain, Sarajevo (site of the 1984 Olympics) and also many areas in Romania, Germany, and Austria. Her two sons started skiing at the age of 4.

Alma worked in education for a long time, starting with the STL Public Schools. She continued teaching her favorite subject, the German language, in each state where she and Jim would find themselves living. Her experience includes public schools, on-line teaching, a Catholic school, and a French school.

Jim and Alma met at a club event at the Hollywood Casino, around 2000. After that meeting, they enjoyed trips to Taos, Copper, and Tahoe. They participated in many other club events throughout the years. Jim even organized a Ski Club skydiving event with the help of members Bill & Judy Hayes.

Jim and Alma married in 2006. Shortly after, Jim's company closed down and that would lead to a ten-year odyssey away from the club. They moved to Ohio in 2007 and then later to Colorado, Maryland, and New York. While living in Colorado in 2013 they were able to meet up with the St. Louis club during a trip to Aspen. Later they skied the Catskill and Adirondack Mountains while living on the east coast.

In 2018, Jim stopped working full time and they moved back to their home in Chesterfield. They wasted little time in reconnecting with the ski club at various social events and seeing old friends while making new ones. They especially enjoyed the Winter Park trip in 2019 as it was their first official club trip in several years, and they joined us again on the Telluride trip this year. They continue to enjoy club events, seldom missing an opportunity to participate in a float trip, happy hour, hike, or

Muney outing. Beyond skiing and club activities, Jim and Alma enjoy biking, kayaking, and attending their grandson's hockey games.

One of Jim and Alma's greatest pleasures in recent years has been the opportunity to pass their love of skiing on to their grandchildren. The oldest grandson, Dylan, has skied with them on a number of trips and their three granddaughters (ages 5 to 8) have already had their ski boots on! They are already planning a family ski vacation for next winter, so all six grandkids will be joining them on the slopes!

Jim and Alma are perfect exemplars of the idea that we have long preached in the ski club: we are far more than a group that hits the slopes together. Their ability to immediately regain social connections in the club shows that our bonds go far beyond meeting up on the occasional trip. Rather, they form a sense of community and even family. We are delighted to see Jim and Alma joining us again on trips and at social events. We can only hope to see other former members rejoining our ranks as their time and circumstances allow.



**With grandchildren at  
Lake Placid**

# *Upcoming Events*

## **Combined Trip Picture Party**

Saturday April 25th  
6:30 PM

**Salt and Smoke**  
501 S Main St  
St Charles, MO 63301

Come share memories of our 2020 ski trips



Join us for a day at Busch Stadium to root on the Cardinals

Reserve and pay for tickets by April 30th — \$39 per ticket  
(Actual face value of tickets may be more less or than this)

Pay through PayPal at <https://www.stlouisskiclub.com/test/>  
or mail check to P.O. Box 712, St Charles, MO 63302

Contact [commdir@stlouisskiclub.com](mailto:commdir@stlouisskiclub.com) for more information



P. O. Box 712  
St. Charles, MO 63302-0712

## **Mark Your Calendars Now!**

Please use our Meetup page <http://www.meetup.com/St-Louis-Ski-Club/>  
or you may RSVP to [activities@stlouisskiclub.com](mailto:activities@stlouisskiclub.com)  
See [stlouisskiclub.com](http://stlouisskiclub.com) for the latest updates!

<b><u>Date</u></b>	<b><u>Activity</u></b>	<b><u>Location</u></b>
<b>Wednesday March 4, 2020 6 pm</b>	<b>Park City Icebreaker</b>	<b>Llywellyn's Pub 17 Moody Avenue Webster Groves, MO 63119</b>
<b>Monday April 13, 2020 6 pm</b>	<b>Annual Meeting and Elections</b>	<b>Des Peres Schnucks 12332 Manchester Road St. Louis, MO 63131</b>
<b>Saturday April 25, 2020 6:30 pm</b>	<b>Combined Trip Picture Party</b>	<b>Salt and Smoke 501 S Main St St Charles, MO 63301</b>
<b>Saturday May 30, 2020 1:15 pm</b>	<b>Cardinals vs. Pirates Baseball Game</b>	<b>Busch Stadium 700 Clark Avenue St. Louis, MO 63102</b>