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2021-2022**

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**Sitzmarker  
Spring 2021**

**President's Message**

So ends another ski season. And what a unique one it was! Like literally everything else, skiing did not go unscathed from the grips of COVID 19. I really think years from now skiers will still be saying "Remember in 2021 when ....." Things were ever-changing. You never knew quite what to expect week to week. But I'm happy that most ski resorts were able to stay open throughout the season.

Our club was able to complete two very fun trips –Telluride Colorado in January (see our Winter 2021 Sitzmarker for a summary) and Sun Valley Idaho in March (see the summary on Page 5 of this edition). Unfortunately, after much consideration, we had to cancel our February Vail Colorado trip.

For 2022, we will return to Telluride in January as part of the Flatland Ski Association (FSA)



annual trip. I'd like to thank those of you who recently took the time to complete our Trip Destination Survey. Besides helping to ensure you get to ski at your favorite resort, it truly helps the board in deciding which trips to offer. Once again, we hope to offer three ski trips next year. The other two destinations are yet to be determined. For those of you that are purchasing an IKON or EPIC ski pass, it is our goal to offer at least one trip where you can take advantage of your ski pass.

(Our Trip Destination Survey indicated that our members who are purchasing passes were about equally split between these two passes). Also, the bids coming back from our vendors will affect which trips we end up offering -- bargain pricing helps to fill trips. Watch for the summer edition of the Sitzmarker for details on our 2022 ski trips.

EPIC passes are currently reduced 20%, as of this writing. That's a pretty good savings. Did you know that you can buy an EPIC season pass to Hidden Valley for only \$303? Or, if you are age 65 or older, the cost is \$87. (You read that right; it's not a typo.) I know it's not quite like going out west to a ski resort, but I can tell you there is a lot of fun to be had at our one and only local ski resort. I personally managed to get in 30 days of skiing there this year. Let's see... \$87 divided by 30 days is...well, ridiculously



**More Sun Valley Photos Inside!**

## President's Message (cont'd from Page 1)

cheap for a whole winter of fun. I'm already missing my ski buddies and looking forward to next year.

In other news, you will find our April 21 ski board election results listed below. Congratulations to our winners! On that note, please consider running for the board in next year's election. We are always looking for those who can bring new ideas, thoughts and talents to the club. Are you one of those people?

As many have now been vaccinated and COVID-19 numbers are going in the right direction, we are gearing up to start offering more and new activities on our social calendar. Vice-President Karen Nugent has suggested a happy hour on a Thursday each month—appropriately named Thirsty Thursday. See Page 4 for photos of our first Thirsty Thursday that took place at Sybergs on Thursday April 22.

What fun! As we start building out our calendar, please feel free to reach out to Karen with any ideas for activities. And remember, we always welcome and appreciate you offering to host an event. After all, this is YOUR club.

Don't forget to complete your 2021-2022 Membership Application. Even those age 70 and older who qualify for our Senior Membership still need to submit an application annually. This helps ensure our membership list is current and provides you with access to our club newsletters and email notifications. But best of all, members in good standing have trip sign-up priority until trip sign up night. Note: dues-paying members can save \$5 by renewing by May 15 and our \$25 Refer-A-Friend reward program is still available.

Check out our Member Spotlight showcasing Drew and Rose Garland (Page 8). Many

of our skiers recognize Drew and Rose from their trips to Telluride in the last few years. But as you will see, they have a much longer history with the club and a travel history that would make most of us jealous!

Finally, we are elated to announce that we plan to have our Q and Suds picnic this year (See details on Page 3). As many of you know, last year's picnic was rescheduled, and then ultimately cancelled. This is our best-attended event of the year! Mark your calendar for Friday June 4th. I very much look forward to seeing everyone there!

**Look for our 2022 ski trip announcement in the Summer Sitzmarker!**

## Election Results

Thanks to all who voted in the April elections for the St. Louis Ski Club Board of Directors. For the second year in a row, concerns about the pandemic forced us to cancel our in-person Annual Meeting and hold elections by electronic ballot. We hope next year to resume meeting in person for this important event.

The following were all elected unanimously for another term on the board.

**President**

Bev Doolin

**Vice-President**

Karen Nugent

**Trip Director**

Tom Coscia

**Communications Director**

Dan McGurk

The current board members are happy to commit to another year of service but we ask all our club members to consider running for the board in the future. New ideas and new blood are important to any organization. We know our club has many talented and committed people who could help take our club in new directions.

Descriptions of the various offices are available in the [St. Louis Ski Club bylaws](#) accessible from our home page at <http://stlouisskiclub.com/about/>. Please review these to determine which positions might be ones in which you could make a valuable difference for the St. Louis Ski Club in the future.

### Reminder

**Club memberships expire on April 30th 2021**

**Current members save \$5 by renewing by May 15th**

**Membership applications available on our website at <https://www.stlouisskiclub.com/>**

# Q and Suds Returns!

Come one, come all! After being cancelled in 2020, the St. Louis Ski Club's most popular social event is back! Join us at the Q and Suds picnic at **Tilles Park (St. Louis County) on June 4th**. We will once again be serving Bandanas BBQ and hot dogs along with beer and soda. And this time we are providing the side dishes and desserts as well. You need only bring yourself and your appetite! **No charge for current paid members or senior members; \$10 for all others.** Guests are welcome.

No worries if you are not a paid member —we will have membership applications available at the Q. Social hour begins at 5:00 p.m, with dinner being served at 6:00 p.m. Look for the large blue and white St Louis Ski Club banner in Tilles Park at the Gloria Rogers Pavilion -rain or shine.

Please RSVP to our Meetup page at <http://www.meetup.com/St-Louis-Ski-Club/> so we can get some idea of how many people to expect. You may also call Karen Nugent at 314-873-5150 or email her at [activities@stlouisskiclub.com](mailto:activities@stlouisskiclub.com)

**Where:**  
Tilles Park (Gloria Rogers Pavilion)  
9551 Litzinger Road  
St. Louis, MO 63124

**When:**  
Friday, June 4th  
Gather at 5 PM

**Cost:**  
Free for current paid members and senior members  
\$10 for all others

## Q and Suds — 2019



# Recent Social Events



**Hidden Valley Ski Day—February 21st**



**Forest Park Hike—March 27th**



**“Thirsty Thursday” Happy Hour at Syberg’s—April 22nd**

# Sun Valley



Spring skiing can be a gamble, but for the intrepid group of 14 St. Louis skiers that set out for Sun Valley Idaho on March 13th, it was one that paid off for the most part. Our group included: Rika Beckley, Denise Buehler, Alma & Jim Delmonte, Bill Harr and Patsye Stanley, Dan McGurk (trip captain), Mary and Miranda Robert and David Hawley, Bob & Chris Schnieders, Beata Schunk & Marcia Woodward.

We started our trip early on Saturday with a 5 a.m. arrival at the St. Louis airport for a 6:30 a.m. flight. After a stop in Chicago, we boarded our second flight to Boise and arrived early afternoon. One of our group, Marcia, met us in Boise after her flight from Minneapolis.

Our bus driver, Kyle, was waiting and, even with a grocery stop included, we made good time and arrived at Sun Valley Lodge just before 5 p.m. Kyle provided information about Idaho and the topography we were seeing along the way.



Sun Valley is known as “America’s First Destination Ski Resort.” In the late 1800s, Ketchum was a booming mining town known for its hot springs. Gradually, the mining industry subsided and the population dwindled until 1936 when a Union Pacific scout, Count Felix Schaffgotsch, discovered the town. He had been searching North America to find an area that could house a ski resort to rival the European destinations.



Over the years, many celebrities have visited Sun Valley and the walls of the Sun Valley Lodge are filled with their black and white pictures. The movie *Sun Valley Serenade* was filmed here in 1941, starring Sonja Henie and John Payne and featuring Glenn Miller’s orchestra. It played repeatedly on a TV channel and it was fun to see how the resort looked years ago. Ernest Hemingway visited often and ultimately made Sun Valley his home. He finished his novel *For Whom the Bell Tolls* in Suite 206 of the lodge.

We felt like VIP visitors too when we were greeted by the Sun Valley Lodge hostess, Pia, and the bell staff took all our luggage to our condos. We also received daily maid service upon request, which was a nice surprise. Another perk was that we could check our skis/poles at the base of the mountain.

We headed out to the slopes on Sunday looking for a fun and challenging time and we were not disappointed in either respect. Most people did their



skiing on Bald Mountain, the larger (and steeper) of the resort’s two ski areas. The consensus was that the green runs here were more like blues at other resorts. But the friendly Sun Valley Ambassadors were stationed around the mountain and they helped us find the best routes. For most of the week we enjoyed sunny days with highs in the 40s and good ski conditions. By the end of the week, the conditions had deteriorated a bit and several of us took Friday as a day off from skiing.

A few skiers did venture to the resort’s other area, Dollar Mountain, which is geared much more to beginner and intermediate skiers. As one skier put it: “This is the place I would take a terrified beginner, confident that they would leave feeling like skiing mastery is possible, if not quite attained yet. And there are two nice, wide blue runs that offer just a bit more slope once the initial skills are mastered.” At least we know for the future that there is room in Sun Valley for all levels of skiers!



## Sun Valley (cont'd From Page 5)



Not everyone skied the entire week. Some enjoyed yoga and spa treatments. Due to COVID-19, even use of the fitness center and pool required a reservation. The pool was adjusted to 102° since the hot tub was closed. Patsye did not ski and tried fly fishing. (She recommends Sun Valley Outfitters). Her guide Dylan drove her about five miles away and they hiked ¼ mile to the river. She was supplied with boots and waders, a rod and flies and instruction. She caught two fish before they released them back to the fast-moving waters.



No one could complain about going hungry on this trip! Dining choices on the mountain offered scenic views and our favorite was Seattle Ridge, where many of us ordered the gigantic Idaho potato – stuffed with a choice of toppings. For most of the week, we enjoyed sitting out on its deck to enjoy the sunshine.

Our condos were located in the Sun Valley Village where there were several restaurants and shops just a short walk away. For breakfast/brunch, the Austrian inspired Konditorei was a delicious option, featuring fresh pastries, crepes and locally

sourced breakfast dishes. The lodge lobby bar, Duchin Lounge, had nightly music, which could also be heard from the restaurant, Gretchen's. Ram Restaurant, Sun Valley's original restaurant, also had piano music and a gourmet food experience. One of the top dining experiences was at Roundhouse Restaurant on the mountain, reached by gondola.

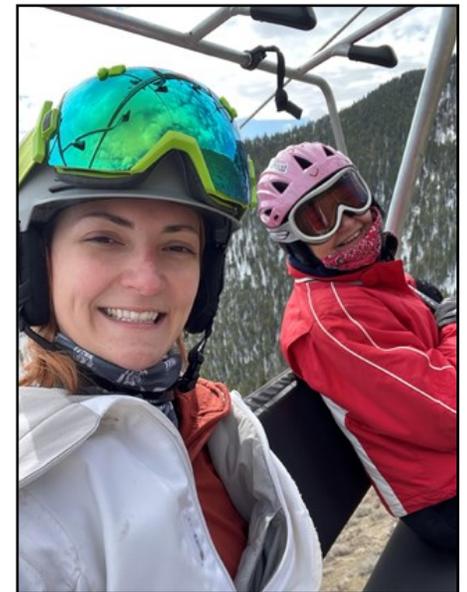


The town of Ketchum also offered a range of restaurant experiences that our skiers took full advantage of. A couple of the more well-known restaurants are the historic Pioneer Restaurant (opens at 4 and long wait) and Whiskey Jacques, with reasonably priced food. Eleven members of our group gathered for the club party on Sunday evening at the Smokey Mountain Pizzeria Grill in Ketchum. This consisted of a delicious pre-paid meal that included giant desserts of chocolate layer or carrot cake. Tuesday night we met again as a group for the club dinner at The Sawtooth Club. This historic restaurant has been around since the 1930s and was a favorite of Ernest Hemingway's. The menu was varied, and everyone seemed pleased with their choices. The group gathered again on Wednesday for a little St. Patrick's Day celebration in Bill and Patsye's condo.

The fun and comradery we shared on the trip made it all the harder to leave on Saturday, but we dutifully got our luggage ready at 7:30 a.m. for an early departure. Kyle was our bus driver once again and he got us to the Boise Airport in plenty of time for our 1:45 p.m. flight. We were a little rushed making our connection in Chicago but otherwise the trip back to St. Louis went smoothly.



Overall, we had a great week of skiing, eating, shopping, exploring, and making new friends. While we would not recommend Sun Valley for a novice skier, we found many nice runs and enjoyed beautiful sunny weather most days. This, combined with all the other diversions the area had to offer, made for another memorable trip for the St. Louis Ski Club.



# Sun Valley Photos



# Member Spotlight:

## Rose and Drew Garland



*Drew and Rose on the Telluride/FSA trip in February*

Do the words, 'To-hell-you-ride' mean anything to you? Do they make you smile?

Those words make Rose and Drew Garland smile. Telluride is one of their favorite ski resorts. And St. Louis skiers who have been on recent trips to this scenic Colorado town no doubt remember Rose and Drew along for the ride. They have been there several times since their first trip there with the club in 1991 and have no plans of letting up any time soon.

But as much as they love Telluride, it is far from their only indulgence when it comes to traveling. They have visited six continents and may be some of the few people who can claim they have traveled the world and mean it literally.

This pre-occupation started after their retirement in 2013: Drew, after 34 years of working for Ameren, and Rose, after 40 years federal government service. The next year, they traveled around the world for three months. They took 26 flights with a total of 35,000 miles, with only a backpack. They visited San Francisco, Hawaii, New Zealand, Australia, Palau, Bali, Myanmar, Uzbekistan, Venice, Ireland, and Washington, DC, again all with just a backpack!

Those were all great places to visit, but their favorite stop was Palau, east of the Philippines. There, they kayaked among the more than 100 islands that make up the country of

Palau. One of their favorite memories is snorkeling in Jellyfish Lake. The jellyfish have been trapped inside this lake and they have no predators in the lake, so they have lost their need for a stinger. They thus had the experience of swimming with billions of jellyfish of all shapes and sizes.

When it comes to winter sports, though, skiing is their hands-down favorite. It helps them get through gloomy, cloudy, gray days of winter. As Rose tells it: "We all know those beautiful blue skies in the ski resorts, where at lunch time, we can sit outside and enjoy lunch, with our coats off and the joy we experience just soaking up the sun, that we so badly need."

They joined the St. Louis Ski Club in 1987 and took their first trip with the club to Park City. It was in 1991, though, that they joined the club on a trip to Telluride for their first experience at what would become their favorite resort. This was long before Mountain Village was even in existence. One of the lasting memories of that trip is of their condo room, which was not much bigger than their bed. Rose recalls that "our suitcases were in the hallway, because there wasn't room."

Another great memory of Telluride that year is they went during Mardi Gras week. There was a parade down Colorado Street. Telluride was becoming a second Aspen, so women in their long fur coats were standing alongside the hippies, who had lived in Telluride long before it was a ski resort town. Mostly, there were people walking in the parade, but there was one float, which was sponsored by the local radio station. The float was a truck, with all kinds of CDs hanging on it. During the parade, the truck broke down. The parade participants had to push the truck the rest of the way.

Although they have traveled extensively abroad, the only time the Garlands have skied in Europe was a trip to Interlochen, Switzerland in 1991. As a matter of fact, that was the first time they ever traveled outside of the United States. Rose recalls:

"We have many fond memories skiing in Switzerland. The cute hotel was classic Swit-

zerland and we had breakfast and dinner in the hotel every day. One memory was the first dinner we had at the hotel. We all sat down to eat and there was a napkin at our place setting with an envelope under it. When we asked why we each had an envelope, we were told that after each meal, we should put the napkin in the envelope so we could use it all week! Now, that is conservation!"

"There wasn't much snow that year in Switzerland, but one day, as we skied, we experienced a white-out. Days before, I (Rose) remember skiing down this one trail and there were poles in the middle of the trail. I was a fairly new skier and those poles were in my way. I remember not being fond of them. Fast forward, as we were skiing in the white-out, I was thankful for those poles. They kept us on the slope!"

Rose and Drew continue to travel for the simple reason that they love to learn. Not surprisingly, one of the songs they have adopted as their theme is Willie Nelson's "On the Road Again".

And wherever their travels may take them, Telluride will always draw them back. Whenever the St. Louis Ski Club travels there (as it plans to again for the FSA trip in 2022) no one will be surprised to see Rose and Drew coming along!



*Biking in the Florida Keys*



P. O. Box 712  
St. Charles, MO 63302-0712

## **Mark Your Calendars Now!**

Please use our Meetup page <http://www.meetup.com/St-Louis-Ski-Club/>  
or you may RSVP to [activities@stlouisskiclub.com](mailto:activities@stlouisskiclub.com)  
See [stlouisskiclub.com](http://stlouisskiclub.com) for the latest updates!

<b><u>Date</u></b>	<b><u>Activity</u></b>	<b><u>Location</u></b>
<b>Friday June 4, 2021 5 PM</b>	<b>Q and Suds (See Details Page 3)</b>	<b>Tilles Park (Gloria Rogers Pavilion) 9551 Litzinger Road St. Louis, MO 63124</b>