

**St. Louis
Ski Club
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Directors
2023-2024**

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St. Louis Ski Club

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Sitzmarker

Spring 2023

President's Message



Bev Doolin
Outgoing President

Greeting fellow club members! Another successful ski season has come to a close. For the most part, things went rather smoothly. See **Page 3** for summary and photos from our Park City ski trip —our final trip of the season.

The time has come for me to step down as club president. My 7 years on the Board of Directors have been a great experience that I have really enjoyed. Since my RV travels often take me to remote areas where it has been difficult to stay in contact, I have decided this is the right time. Beyond this, I feel it's time for some fresh talent and ideas.

Effective May 1, Paul Snyder officially becomes President of the St. Louis Ski Club. I'm sure many (if not most) of you know Paul. He has been on the Board of Directors in the past, and has always been a ready hand whenever help has been needed. Paul, thank you for stepping up to run for office. Welcome back!

The club means a lot to me. For one, it has allowed me to go on ski trips and always have someone to ski with. I enjoy all the social events and it has brought many wonderful people into my life. It is indeed a blessing I will continue to support the club whenever and however I can.

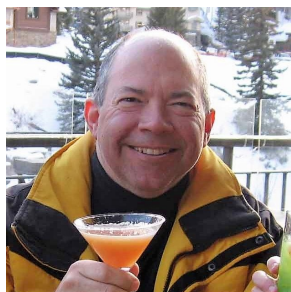
Please don't forget to renew your club membership. If you do so by May 15, you will have the advantage of signing up for a ski trip before our official signup night meeting. Renewing is now easier than ever. Check out **Page 2** on how to use a Google form to submit your membership application online. And do you know about our Refer-A-Friend program? Bring in a brand new member who signs

up for a ski trip and you will receive \$25. How cool is that!

In this issue of the Sitzmarker, we shine the limelight on club member and dear friend Lou Boyer. Lou definitely knows how to have a good time. You're likely to see her out on the dance floor, or maybe standing on the bar doing shotskis. She brings a lot of energy to everything she does. Be sure to check out the article on **Page 6**.

The Board is now working on pulling together our 2024 ski trips. Many thanks to those who completed our Trip Destination Survey.

The Flatland Ski Association (FSA) has announced that the annual ski trip will be held in Steamboat, Co from January 20–27, 2024. Besides this trip, the club plans to get 2 more ski trips on the calendar. Dates and destinations have not yet been confirmed, but the Board is hopeful to announce these at our annual Q and Suds on Friday June 2. See **Page 5** for details. This is by far our biggest club event, and I hope to see you there!



Paul Snyder
Incoming President

Hello fellow skiers, boarders, and most of all, **St. Louis Ski Club Members!**

I'm excited to be back on the board as your new president. We have a great team, and I know I'll enjoy working alongside Karen, Dan, Tom, and Pat. And I want to really

express my thanks to our outgoing president, Bev Doolin, for all that she's done for the club over the past several years!

Your board is working hard already to plan next season's trips, and we know you're looking forward to hearing all the details ... be patient; they're coming! But we hope you know that there are a lot of other activities that get planned throughout the year, and we really hope to see you at a lot of those, too. And, if you're interested in doing something different, *please* let us know. Your suggestions are always welcome. (*And maybe volunteer to help out, too?*) Remember, this club is **run** by volunteers.

Another thing that I really want to encourage you to do is **share** information about the club with people you know. I've recently met several people in the area who ski or snowboard, one of whom I work with, who had NO IDEA there was a St. Louis Ski Club. So, besides our Website, Facebook, and Meetup, the best way to get people involved is by INVITING them and coming to activities with them.

Again, I'm looking forward to the coming year and working with the other board members to plan all sorts of activities and events *including* some great ski trips. So, stay tuned!

Club News

Annual Meeting and Elections

Thanks to all who attended the Annual Meeting on April 10th and participated in elections for the St. Louis Ski Club Board of Directors. The following were all elected unanimously to the board.

President

Paul Snyder

Vice-President

Karen Nugent

Trip Director

Tom Coscia

Communications Director

Dan McGurk

We ask all our club members to consider running for the board in the future. New ideas and new blood are important to any organization. We know our club has many talented and committed people who could help take our club in new directions.

Descriptions of the various offices are available in the [St. Louis Ski Club bylaws](http://stlouisskiclub.com/about/) accessible from our home page at <http://stlouisskiclub.com/about/>. Please review these to determine which positions might be ones in which you could make a valuable difference for the St. Louis Ski Club in the future.

Membership Renewals

Club memberships expired on April 30th 2023

Current members save \$5 by renewing by May 15th

Membership applications are available on our website at <https://www.stlouisskiclub.com/>

We now allow you to renew to join the club or renew memberships completely online. Use the form at <https://forms.gle/z8QfovUfTF5wXUtR7> and then use the link to Venmo or PayPal to submit payment.

Thirsty Thursday Happy Hour

May 4th

5 PM

The Hive

609 N. New Ballas Road
Creve Coeur, MO 63141

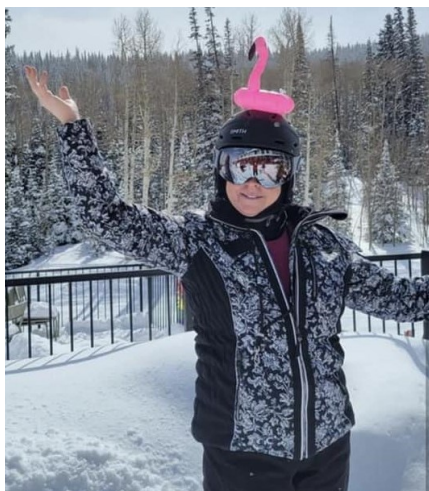
May the Fourth be with you! Join your ski buds for drinks, food, and camaraderie



Park City Trip

More Photos on Page 4!

Park City



The final ski trip of 2023 began on Saturday, February 18th, as eleven intrepid skiers flew out of St. Louis to enjoy the fabled slopes of Park City, Utah. Under the leadership of trip captain John Shansey, this gallant band included Lou Boyer, Denise Buehrer, Nancy Engel, Jo Anne Howard, Donald Jones, Scott Kaetlin, Dan Krack, Karen Nugent, Charles Tuschling, and Erni Wood. We were joined in Utah by Dan Edwards and Mike Mickes, who were traveling on land packages.

The trip on Southwest Air went smoothly and all the passengers and luggage arrived without any mishaps. The shuttle bus from the airport was on time and got the group to the resort in a timely manner, with both a grocery and a liquor stop along the way.

The club stayed at the Peaks Hotel which proved to be an excellent choice. Check-in went very smoothly and we all appreciated the fine breakfast every morning that was provided as part of our stay. Dinners at the hotel restaurant also proved enjoyable, with pizza and a fine brussel sprouts appetizer being among the specialties. A nearby restaurant called the Roadhouse Grill also turned out to be a fine (and affordable) option for food and drink. Dan Krack particularly recommends the apricot Heifweizen beer on tap there. (Although Dan also likes Natty Light so use this information with caution).

The first ski day was a blackout day for many of the Vail Epic passholders so many took the day off from skiing. Jo Anne and Scott did go out on the slopes and represented the club well! Other members took the opportunity to travel to Utah Olympic Park. Nancy, Denise, Karen, Dan and John

took advantage of staged photo ops that included sitting in a bobsled and laying on luge and skeleton sleds. Additionally, up close views of the practice ski jumps and bobsled track were as educational as they were entertaining. The Park had a walk-through tour in the main building with many interesting historic photographs and stories and even a video game that included shooting charges to snow for a virtual avalanche. We found out that Park City is one of the locations bidding for the 2030 or 2034 Winter Olympics. Who knows? Maybe some of us will return as spectators?

Most of us spent the rest of the week on the slopes and, for better or for worse, the powder gods smiled on us. We had the biggest one-day snowfall (24-28 inches) in decades.

This led to some interesting adventures. John, Denise, Nancy, Karen, and Dan Krack took off on a "groomed blue run" (according to the ski app) but it turned out to be anything but. They knew they were in trouble when they saw half the skiers in front of them scattered over the mountain in various falls and buried deep in powder. Most of the group fell at least once, although Nancy had the compensation of being helped up by a handsome young member of the ski patrol! After a "three hour tour" the group made it back down to the truly groomed blue runs and civilization.

Overall, though, the group members did enjoy skiing together and covered most of the mountain in the course of the stay. The lavish crowds made accessing the mountain and restaurants in town challenging but all seemed to take it in stride. On the last ski day, Jo Anne, Lou, Mike and John made their way to the Canyons base for some gentle green and blue runs including Moose Meadow, then breaking at Pine lodge restaurant prior to its busy lunch hour. After the entire group took a run down to Timberline Barbeque restaurant, John continued to take in some exciting views up the Dreamcatcher lift and the fun Panorama trail, eventually reaching the crossover gondola and over to the Park City Mountain side. All enjoyed possibly the only true bluebird day on the trip.

Time off the slopes provided for some interesting diversions as well. Many of our group made the trip to Main Street in

town to dine and look at the offerings in the local stores. A North Face store in town allowed us to examine some of the latest in ski wear. As a non-skier, Erni Woods enjoyed a fair amount of time enjoying the sites and shopping in several of the finer establishments.

During the evenings, many members could be found around the large stone fireplace in the lobby, often pouring drinks from a distinctive bottle (rumored to be bourbon). One evening was spent on a game night, with Left/Right/Center, Pit, and Family Feud being the more popular diversions. Dan Krack especially enjoyed the chance to shine as emcee for Family Feud, a role he had previously honed during the Big Sky trip a month earlier.

A pre-arranged ride from our favorite shuttle driver Dean led us through the falling snow and to the trip party on Thursday night. It was held at the Fuego Bistro and Pizzeria, a top choice in Park City for Italian food, conveniently located about a mile from our hotel. Although packed, Captain John had reserved a large table for all. People were happy with the wide variety of selections, with most opting for bistro sandwiches or the signature wood-fired pizzas.



Many in the group used our final night to pack and dine at the hotel restaurant. Dan Edwards and Mike Mickes had started on their journeys back home, leaving the original 11 roster members to enjoy one last night in the wintry setting.

As with any trip, the end came all too soon, and we loaded up on Saturday morning to make the trek back to the airport and ultimately back to St. Louis. For most, that also meant packing our skis away for the season as winter (hopefully!) gives way to spring. Although the final St. Louis Ski Club trip of 2023 is now history, we can all look forward to 2024 and another exciting season on the slopes that will be here before we know it.

Park City Photos



Q and Suds - June 2nd

Come one, come all!

Q and Suds at a new location!

Join us at the Q and Suds picnic at **Tilles Park (St. Louis County) on June 2nd**. We will once again be serving BBQ and hot dogs along with beer and soda. We are providing the side dishes and desserts as well. You need only bring yourself and your appetite! **No charge for current paid members or senior members; \$10 for all others.** Guests are welcome.

No worries if you are not a paid member—we will have membership applications available at the Q.

Social hour begins at 5:00 pm, with dinner being served at 6:00 pm. Look for the large blue and white St Louis Ski Club banner in Tilles Park at the **Skow Shelter Pavilion** -rain or shine. **Note the new location**

Please RSVP to our Meetup page at <http://www.meetup.com/St-Louis-Ski-Club/> so we can get some idea of how many people to expect. You may also Karen Nugent at 314-873-5150 or email her at activities@stlouisskiclub.com

Where:

Tilles Park (Skow Shelter)
9551 Litzinger Road
St. Louis, MO 63124

When:

Friday, June 2nd
Gather at 5 pm

Cost:

Free for current paid members
and senior members

\$10 for all others

Note the new location!

Q and Suds—2022



Lou Boyer



Lou with Erni Wood and Carole Stevenson at Park City in 2020

Lou Boyer is a familiar face to many in the ski club, especially in recent years. She has been a regular on ski trips and social events and even served a term as club vice president in 2019-20, helping to organize events such as the Q and Suds picnic and the holiday party. Her roots in the club run much deeper, though. Like many, she has taken an interesting journey to her skiing life and her participation in the club.

Lou is a true product of the Midwest, having grown up on a farm in west central Illinois and graduating from high school at Western Illinois University Laboratory School. She started her college career at Western Illinois University but took some time off for marriage, eventually finishing her B.S. degree at Southern Illinois University. She later returned to SIU to complete an M.S. in Early Childhood Education.

Lou spent her entire professional career as a teacher in Granite City, Illinois, teaching kindergarten, early childhood, and fifth grade. She was fortunate during this time to be able to take a one-year sabbatical to study in Mexico. She had fallen in love with the country during some summers she had spent there in college loved the opportunity to return and attend schools in Cuernavaca and Mexico City.

Lou's involvement with the club goes back to the 1980s, when a couple she was friends with invited her on a ski trip. As the spouse of a non-skier, she decided to take them up on the offer and continued to join them on other trips as "Tagalong Lou". She floated in and out of the club for many years, even-

tually signing up for trips on her own as a single. Although she was at first nervous about taking trips alone, while knowing few people, her concerns were soon put to rest. She has always appreciated the welcoming and fun atmosphere that ski club members provide and continues to enjoy social activities, especially the hikes and happy hours.

Like any long-time member of the club, Lou has had her share of memorable trips, both good and bad. She has fond memories of Mt. Bachelor in Oregon, both for the skiing and the other activities. These included a tour of the Deschutes Brewery and a snowshoeing expedition around Crater Lake. She also enjoyed exploring the town of Rossland, British Columbia, on the trip to Red Mountain in 2016. The skiing that year may not have been great, but the scenery was beautiful!



On the Grand Canyon trip in 2021

A 1998 club trip to California provided one of the less pleasant memories. The group had left Mammoth Mountain at the end of the trip, bound for Reno and ultimately a flight back to St. Louis. The El Nino that year had enveloped the area with an incredible amount of snow, causing the driver of the transport bus to have a "white-out" and



Lou at Taos in 1989

a near miss with a tractor trailer. All the skiers on the trip had to be transported to various hotels, while their luggage was still trapped at the bottom of the bus. After several delayed attempts, the group made it to Reno long after their flight had departed, and everyone had to make individual arrangements to get back to St. Louis.

Now retired from teaching, Lou continues to enjoy club events and can usually be found on at least one ski trip a year. She was also among the intrepid group of St. Louis club members who undertook the Grand Canyon rafting trip in the summer of 2021. She has served as a trip captain in recent years and had the unenviable task of leading the Park City trip in 2020, when it was cut short by the pandemic. More recently, she led the trip to Copper Mountain in 2022, with much less drama involved.

Aside from skiing, one of Lou's favorite leisure activities is golf. She has served in various capacities on the board of the Saint Louis Women's Golf Association and is currently the chief organizer of women's golf at Arlington Golf Course. She recently put her love of the game to use for the ski club by organizing the golf scramble at the Florissant Golf Club in the fall of 2022. She sums up her skill in the game quite succinctly: "I am by far better at golf than I am skiing!"

Lou has managed to make herself an integral and highly visible part of the club for many years now. We are grateful for all she does to help with club activities but even more so for the friendship and camaraderie she provides. We hope to see her on the slopes and at club events well into the future.

Mark Your Calendars Now!

Please use our Meetup page at <http://www.meetup.com/St-Louis-Ski-Club/>
or RSVP to activities@stlouisskiclub.com

See stlouisskiclub.com for the latest updates!

<u>Date</u>	<u>Activity</u>	<u>Location</u>
Thursday May 4th 5 PM	Thirsty Thursday Happy Hour	The Hive 609 N. New Ballas Road Creve Coeur, MO 63141
Friday June 2nd 5 PM	Q and Suds (See Details on Page 5) Note New Picnic Shelter	Tilles Park (Skow Shelter) 9551 Litzinger Road St. Louis, MO 63124



Ski club member Candy Girth was awarded the “Judy Cup” by the Flatland Ski Association (FSA) for her dedicated service to the organization. She was unable to make it to the ceremony at Whitefish, but here she receives the award from incoming St. Louis Club President (and FSA representative) Paul Snyder