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2023-2024**

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St. Louis Ski Club

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**Inside this
Issue**

Trip Grid	2
Steamboat/Ogden	3
Banff	4
Holiday Party	4
Member Spotlight	5
Financials	6
Trip Sign-Up Photos	7
Event Photos	8
Calendar	9



Sitzmarker

Fall 2023

President's Message

Welcome to the fall edition of our St. Louis Ski Club newsletter, the Sitzmarker!

Summer is officially over, and what a summer it was, filled with lots of activities. I hope you were able to take advantage of them.

But there is plenty more fun ahead this fall with hikes, Thirsty Thursdays, Curling, the Halloween Party at the Casa Loma, and, of course our holiday party. So make sure you keep an eye out for your Out and About, and check both our Website and our Facebook page for everything that's coming up. And you can also join our MeetUp page for more reminders!

Then in a few short months we'll kick off our club ski season with our three 2024 trips to Steamboat, Ogden (Snowbasin & Powder Mountain), and Banff. We still have spots on all three trips,



but one is filling quickly. So here's a reminder: don't delay too long in signing up. At a certain point we'll be forced to cut-off either airfare and/or lodging due to the requirements of the airlines and the lodging vendors. If we hold spots and they aren't filled, then the club is responsible for paying for them, and we can't afford to do that! So, if you're interested in a trip ... don't procrastinate!

Our vice president, Karen, is doing a fantastic job of organizing numerous activities each month for the club. But she can always use your help. Consider volunteering:

Maybe you'd like to suggest a location for a "Thirsty Thursday" happy hour ... could you also act as the "host" for the event? Volunteer to organize or assist with another event. Take pictures at events you attend to share on Facebook, our Website, and in the Sitzmarker. (Send photos to me or to our Communications Director, Dan.) Consider being a trip captain (or co-captain with a friend) for a future trip. Send Karen suggestions (reasonable ones) for upcoming activities and volunteer to help. Send us your "Club Members on the Road" stories and photos. And, in the spring, consider running for one of the board positions. It's OUR club, so let's all do our part!



Trip Signup Night—August 27th

More Photos Inside

St. Louis Ski Club 2024 Ski Trips

Ski Resort & Trip Captain	Dates	Lodging	What's Included	Price Info	Ice Breaker
<u>Steamboat, CO</u> www.steamboat.com <u>Candy Girth</u> twinskiers@msn.com (314) 580-5995	1/20/24 thru 1/27/24 28 Skiers 6 ski days	<i>"Discover the New Steamboat"</i> <u>Storm Meadows</u> 2 Bed / 2 Bath Condos Ski-In/Ski-Out Flatland Race Info www.flatlandski.org	Lodging / Airfare Transfers to/from Yampa FSA Welcome Reception FSA Banquet, Parties & Races (Racing is optional) Club Party	Trip Price \$1,950 Deposit \$1,000 Balance \$950 Due* 11/18/23	1/10/24
<u>Ogden, UT</u> www.snowbasin.com www.powdermountain.com <u>Dan Krack</u> dkrack@hotmail.com	2/10/24 thru 2/17/24 24 skiers 6 ski days	<i>"Welcome to a Winter Paradise"</i> <u>Courtyard Marriott (Hotel)</u> 2 people per hotel room Hot Breakfast Buffet	Lodging / Airfare Transfers to/from Salt Lake City Club Party	Trip Price \$1,450 Deposit \$750 Balance \$700 Due* 12/16/23	1/31/24
<u>Banff, Canada</u> www.SkiBig3.com <u>Dan McGurk</u> danieljmcgurk@gmail.com 660-216-3623	3/2/24 thru 3/9/24 28 skiers 6 ski days	<i>"Ski Big 3"</i> <u>Banff Ptarmigan (Hotel)</u> 2 people per hotel room Hot & Cold Breakfast Buffet	Lodging / Airfare Transfers to/from Calgary Club Party	Trip Price \$1,940 Deposit \$1,000 Balance \$940 Due* 12/23/23	2/21/24

Icebreakers: All icebreakers will be held Llywelyn's Pub, 17 W. Moody Ave., Webster Groves at 6:00 pm

Trip prices may change due to fuel surcharges. Gratuities for ground transportation/baggage handlers included.

Additional fees for airline baggage may apply.

Single room supplement is available upon request. Must sign-up by August.

Lift Tickets are not included in the listed price. They are available at a discount by the club..

Check, cash, Venmo, or using your credit card through PayPal are accepted for payment.

*** Note: Trips may close prior to the balance due date.**

Steamboat, Colorado (FSA Trip)

"Discover the New Steamboat"

January 20 - 27, 2024 28 Skiers
 Price: \$1,950 (Lift tickets not included)
 Trip Captain: Candy Girth
twinskiers@msn.com or 636-458-1897



Join your St. Louis and FSA ski friends as we return to Steamboat Ski Resort for the 2023-24 ski season. In the last two years many changes have taken place on and off the mountain for a more enjoyable skiing experience.

What's New:

- Installation of the new 10 passenger Wild Blue Gondola providing service to the top of Sunshine Peak (green/blue runs)
- The new Greenhorn Ranch ski area at Wild Blue Gondola mid-station, with new terrain (green runs) for beginners
- Installation of Mahogany Ridge chairlift adding 655 acres of advanced/expert terrain in the Pioneer Ridge/Fish Creek Falls area
- Enhanced snowmaking expansion for the Sunshine Peak and Greenhorn Ranch areas
- Steamboat Square (base area) has been revamped/expanded including the new "Range Food & Drink Hall"

Trip Includes:

- Round trip airfare from STL to Yampa airport **via Southwest Airlines** with transfers to/from the airport.
- 7-nights lodging at the **Storm Meadows Condos** – <https://stormmeadows.com> with Ski-In/Ski-Out access
- 2 bedroom/2 bath condos for four people with pool/hot tubs
- Complimentary shuttle service to resort and downtown
- Up to 6-ski days with discounted lift tickets through the FSA, **or use your IKON ski pass which includes Steamboat**
- St. Louis Ski Club party
- FSA Welcome Party and Awards Banquet (both offering full meals and free Boulevard Beer)
- Opportunities to race for anyone from novice to advanced (**Racing is optional**)
- Other non-skiing activities include: Après ski, snowshoeing, snowmobiling, night skiing, hot air ballooning, Strawberry Park hot springs, shopping or stroll historic downtown Steamboat
- **Sign-up and discover Steamboat!**

Ogden, Utah

"Welcome to a Winter Paradise"

February 10 - 17 24 Skiers
 Price: \$ 1,450 (Lift tickets not included)
 Trip Captain: Dan Krack
Dkrack@hotmail.com or 314-225-9805



The Saint Louis Ski club is making its first ever trip to Ogden, Utah! Do not miss this opportunity to visit two world class resorts (Powder Mountain and Snow Basin) with a combined total of over 11,000 acres of terrain and almost 3,000 vertical feet

- Snow Basin averages over 300 inches of annual snowfall and Powder Valley averages an amazing 500 inches of annual snowfall
- A total of 261 ski runs between the resorts with ample blue runs (40% for Powder Mountain and 33% for Snow Basin) and green runs (25% for Powder Mountain and 9% for Snow Basin)
- The Powder Mountain resort also boasts 4000 acres of backcountry skiing to include numerous advanced level chutes with several bowls to explore and other adventures

We will be staying at the Marriott Courtyard in Ogden which is located within walking distance of Historic 25th Street entertainment district. This apres ski destination features over a dozen locally owned restaurants, art studios, dancing, live music, live theatre, yoga studios and spas. Union Station is also nearby and features several museums to include a Western Heritage Museum, a Cowboy museum and the Browning Firearms Museum.

- Round trip airfare into Salt Lake City **on Southwest Air**; 30 minute shuttle ride to the hotel.
- 6 days of skiing, boarding, and other fun activities
- Discounted lift tickets available through the club (**Snow Basin is an Ikon resort**)
- Fitness Center
- Indoor pool
- Onsite restaurant and free hot breakfast daily
- Free wifi
- Club Party
- Numerous Opportunities for shopping, dining and nightlife on Historic 25th street.

Banff, Alberta, Canada

"Ski Big 3"

March 2 - 9, 2024 28 Skiers

Price \$1,940 (Lift tickets not included)

Trip Captain: Dan McGurk

danieljmcgurk@gmail.com or 660-216-3623



For the first time since 2018, the club is returning to the site sometimes known as "Canada's protected playground". Banff is the model of a ski town with scenic views, charming restaurants and shops, and an active apres ski scene. And three world class resorts are easily accessible through a convenient shuttle service.

- 6-full days of winter sports fun in Canadian Rockies with almost 8,000 acres of skiing for beginners or experts!
- Round trip air from St. Louis to Calgary with shuttle service to the hotel
- Lodging at the Ptarmigan Inn (two per room) with indoor hot tubs, steam room/ sauna
- Includes complimentary hot breakfast buffet, ski lockers, Wi-Fi, and shuttles to ski areas and local attractions!
- Skiing at 3 world-class ski resorts, each offering its own unique experience:
 - Banff/Lake Louise** – Over 4200 acres spread four mountains to create one of the largest ski resorts in North America; 164 runs serviced by 11 lifts
 - Sunshine Village** – Three sprawling mountains covering 3300 acres of skiable terrain; 137 runs serviced by 12 lifts, including a heated bubble quad
 - Mt. Norquay** - A smaller, more intimate resort only minutes from the town of Banff, famous for being the training ground for Olympic and World Cup athletes; 60 trails on 190 acres served by six lifts
- Discounted lift tickets available for purchase through the club—**All three resorts are on the IKON pass if you wish to purchase tickets on your own**
- Club party
- About 1 hour drive to the city of Calgary

2023 Holiday Party

When: Thursday, November 30
Where: Pietro's
 3801 Watson Road
 St. Louis, MO 63109

What: Drinks in the lounge at 5:00 pm
Dinner at 6:00 pm.

RSVP: Activities@stlouisskiclub.com or Meetup
(Please RSVP by Thanksgiving, if possible, so we can get an accurate count to Pietro's!)

Ski CLUB
 ST LOUIS

Member Spotlight:

Gale Rahmoeller



Gale (on right) snow-shoeing at Red Mountain in 2016

Gale Rahmoeller has a long tenure with the St. Louis Club, having been a member since the early 1980s. And, unlike many members who join the club after having relocated to St. Louis, she has deep roots in the region. She was born and raised in St. Louis and has spent most of her life here.

Gale attended Purdue University to obtain a degree in chemical engineering and returned to St. Louis to begin her career working for Monsanto. She then went on to a career with the Department of Defense, supporting soldiers in several commands and agencies, including Army Aviation. During this time, she also obtained an MBA from St. Louis University.

Gale has always enjoyed the outdoors and thought that skiing might be a way to expand on that interest. She went on her first ski trip to Winter Park with the YMCA in 1980 and heard about the St. Louis Ski Club from some skiers there. She went on her first club trip to Aspen in 1981. In those days, the club was still doing long bus trips and she enjoyed the chance to know the other 40 people on the trip long before they arrived at the slopes.

Since then, she has been on many club trips and has developed many fond memories over the years. These include the trip to Interlaken, Switzer-

land, in 1990 where she and several other skiers survived three train trips to be able to see the Matterhorn. On a trip to Alyeska, Alaska, in 2004, most of the group took a day off from skiing to take a boat ride to see the fjords and animals in Resurrection Bay. During the 2007 trip to Big Mountain (now Whitefish) she enjoyed the experience of doing the 5-mile snow shoeing by McDonald Lake in Glacier National Park. In 1993, she went to Banff with the club on her first ski trip to Canada and enjoyed splitting the stay between the Banff Springs Hotel and the Chateau Lake Louise. This gave her the opportunity to experience the history and charm of the area. On a return trip to Banff with the club in 2018, one of Gale's memorable moments was a four-mile ice hike around Johnston Canyon, wearing ice cleats.

Gale's job led her to relocate to Huntsville, Alabama, for several years in the 1990s. She kept her membership with the club and also went on trips with the Huntsville Ski Club to Interlake, Austria and Chamonix, France, and to other American resorts.

While she has always enjoyed skiing with the club, Gale is also fond of other experiences along the way. She has enjoyed hikes, canoe trips, and other get-



At Banff in 2018

together. In June of 2021, she was one of the brave souls who joined the FSA rafting trip through the Grand Canyon.

Upon joining the ski club, Gale was surprised to learn it was active in a variety of other activities, including tennis, which has always been her favorite sport. Through the 80's and 90's, she played with the club in the summers at Forest Park and at the indoor tennis parties over the winter. More recently, she has enjoyed the club's participation in pickleball. She started playing during the pandemic shutdown and has continued since. She recently joined other members for pickleball games at Chesterfield Mall in July.

Gale has been retired for several years now and that has given her even more opportunities to travel and see more of the natural sights, sounds and animals around the world. Adventures have included African safaris in Botswana, Tanzania and Kenya; and an Arctic expedition for seeing polar bears. She likes to swim and has enjoyed snorkeling while in the Galapagos Islands and in Australia and New Zealand.

Like many long-time members, Gale has been a participant in many memorable club adventures and has a rich history to relate. She seems intent on continuing these endeavors and we look forward to being along on the ride with her.



At the Grand Canyon in 2021

ST. LOUIS SKI CLUB INCOME AND EXPENSE SUMMARY

FOR THE FISCAL YEAR ENDING APRIL 30, 2023

ACODE	DESCRIPTION	2019-20	2020-21	2021-22	2022-2023
INCOME					
090200	Membership Income	2,065.00	1,451.35	2,149.10	2,210.00
090201	Membership Income/Senior	90.00	80.00	20.00	10.00
090202	Membership/Couples	260.00	400.00	320.00	445.00
090300	Guest Fee Income	60.00	0.00	40.00	80.00
090400	Interest Income	62.24	33.52	9.23	38.36
090600	Miscellaneous Income	0.00	0.00	15.00	0.00
090800	Unused Trip Credits	30.00	0.00	375.00	0.00
090801	Trip Credit Transfer Fee	0.00	0.00	0.00	0.00
090900	Trip Admin Fee Income	3,359.70	1,870.00	4,910.00	6,360.49
091100	CD Interest	0.00	0.00	75.24	75.54
	Income Totals	5,926.94	3,834.87	7,913.57	9,219.39
EXPENSE					
100100	Sitzmarker Printing	360.49	251.25	218.48	0.00
100200	Sitzmarker Postage	48.40	48.95	35.75	0.00
100500	Postage	31.60	37.20	35.38	24.60
100700	Office Supplies	201.31	61.71	406.38	109.18
100900	Insurance	290.00	301.00	300.00	299.00
101000	Dog N' Suds	580.08	0.00	470.17	373.55
101100	Activities/Sports Expense	0.00	0.00	0.00	248.19
101200	Board Member Credits	3,200.00	3,200.00	3,200.00	3,200.00
101400	Honoraria	0.00	0.00	0.00	0.00
101500	Record Center	2,152.50	1,562.25	1,968.75	2,452.50
101600	Miscellaneous	281.90	430.18	181.84	149.42
101800	Trip Administration	17.28	-3.20	0.00	0.00
101900	Post Office Box	106.00	118.00	146.00	182.00
102000	Bank Service Charge	0.00	30.00	0.00	0.00
102400	Chicago Ski Council	40.00	40.00	0.00	40.00
102500	Tax Preparation	125.00	225.00	125.00	200.00
102600	General Membership Mtgs.	0.00	0.00	0.00	0.00
102700	Advertising/Marketing	247.88	25.00	222.88	222.88
102800	Internet	144.00	144.00	144.00	226.40
102900	Business Incorporation Fees	21.25	0.00	21.25	0.00
	Expense Totals	\$7,847.69	\$6,471.34	\$7,475.88	\$7,727.72
	Operating Profit (Loss)	(\$1,920.75)	(\$2,636.47)	\$437.69	\$1,491.67
	Trip Profit (Loss)	\$1,657.34	\$760.75	\$947.60	-\$916.78
	Year Net (Loss) Profit	(\$263.41)	(\$1,875.72)	\$1,385.29	\$574.89

Trip Sign-Up Night

August 27



Recent Social Events

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***Missouri Botanical Garden
August 20***



***Florissant Golf Club
September 12***



***Oktoberfest at St. Charles
September 23***



***Hermann Getaway Weekend
September 22—24***



***Happy Hour at McGurk's
September 28***

Mark Your Calendars Now!

Please use our Meetup page at <http://www.meetup.com/St-Louis-Ski-Club/>
or RSVP to activities@stlouisskiclub.com

See stlouisskiclub.com for the latest updates!

<u>Date</u>	<u>Activity</u>	<u>Location</u>
Saturday October 28th 5 PM	Halloween Party	Casa Loma 3354 Iowa Avenue St. Louis, MO 63118
Saturday November 25th 7:30 PM	Learn to Curl	Creve Coeur Rink 11400 Olde Cabin Rd. Creve Coeur, MO 63141
Thursday November 30th 6 PM	Holiday Party (See Details Page 4)	Pietro's 3801 Watson Road St. Louis, MO 63109



Florissant Golf Club — September 12